

MJC FALL 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUG 12	13 Opt Practice	14 MHS Open House	15 MHS Class Starts Opt Practice	16 Opt Practice	17 Opt Practice	18
19 4-7p Open Boathouse	20 Fall Intro	21	22	23	24	25 OK Kids Day
26	27	28	29	30 Purple Power Play on Poyntz	31 Purple Power Play on Poyntz	SEPT 1
2	3 Labor Day All Opt Practice	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 Opt Practice	22
23	24	25	26	27 Load Boats	28 Traveling	29 Des Moines Regatta
30	OCT 1 Unload Boats	2	3	4	5	6
7	8 Opt Practice	9	10	11 Load Boats	12 Traveling	13 Row the Miss Regatta
14 Traveling	15 Unload Boats	16	17	18	19 Opt Practice	20
21	22	23	24	25	26	27
28	29	30	31	NOV 1	2 Load Boats	3 Traveling
4 Frostbite	5 Unload Boats End of Fall	6 Opt Practice	7 Opt Practice	8 Opt Practice	9 Opt Practice	10

Aug 13-17 3:15pm - 5:15pm
 Aug 14 4:30pm - 7:00pm
 Aug 19 4:00pm - 7:00pm
 Aug 20-31 3:15pm - 5:15pm
 Aug 25 1:00pm - 5:00pm
 Aug 30-31 5:00pm - 9:00pm

Pre Season Optional Practices
 MJC @ MHS Open House
 MJC Open Boathouse
 MJC Fall Intro Session
 MJC @ OutdoorKansas Kid's Day
 MJC @ Purple Power Play on Poyntz

Head of the Des Moines Regatta

Prospect Park, Des Moines, IA

Sept 27 3:15pm
 Sept 29
 Sept 29 7:00 am - 5:00pm
 Oct 1 3:15pm

5km Head Race
 Loading boats and equipment
 Traveling to Des Moines, IA
 Head of the Des Moines Regatta
 Unloading boats and equipment

Row the Miss Regatta

Moline, IL

Oct 11 3:15pm
 Oct 12
 Oct 13 7:00 am - 5:00pm
 Oct 15 3:15pm

4km Head Race
 Loading boats and equipment
 Traveling to Moline, IL
 Row the Miss Regatta
 Unloading boats and equipment

Wichita Frostbite Regatta

Riverside Park, Wichita, KS

Nov 2 3:15pm
 Nov 3
 Nov 4 7:00 am - 5:00pm
 Nov 5 3:15pm

2.8km Head Race
 Loading boats and equipment
 Traveling to Wichita, KS
 Wichita Frostbite Regatta
 Unloading boats and equipment

Nov 5
 Nov 6-9 3:15pm - 5:15pm

End of Fall Season
 Post-Season Optional Practices

	Development Team	Competition Team
Practices	3 per week Mon, Wed, Fri	5-6 per week Mon-Fri, Sometimes Sat
Attendance	Flexible	Mandatory for all practices and competitions.
Ages	8th through 12th Grade	8th through 12th Grade
Who can join	Open to all. No rowing or athletics experience needed	Invite and Application only. Prior competitive athletics experience or rowing experience via Development team or Learn-To-Row class recommended
Race Uniform	Cloth MJC tank top \$15	Novice: Cloth MJC tank top \$15 Varsity: Race tank and trou \$80
Fall Dues	\$175	\$300
Competitions	Frostbite Regatta	Head of the Des Moines Row the Miss Regatta Frostbite Regatta

Dues Explanation

- \$75 for Kansas State Rowing Association, which manages our equipment, provides insurance, and handles our team membership with USRowing.
- \$55 for Head of the Des Moines Regatta entry fees and equipment transportation.
- \$70 for Row the Miss Regatta
- \$45 for Wichita Frostbite Regatta
- \$50 for coaching
- \$5 for administration costs such as advertising, recruiting, and printing.

INDIVIDUAL USROWING REGISTRATION

A USRowing Basic Membership is required for the fall season that costs **\$8**. Championship membership is required in the spring for Regionals and Nationals, should your rower qualify. Please follow these steps to join USRowing then forward the requested information to juniorcrewmanhattan@gmail.com.

1. Go to <https://membership.usrowing.org/individual/join>
2. Click Individual and then Join. You will be asked to input personal information including creating a password. Document your rower's membership ID#, password, and expiration date as we need to renew these annually.
3. The Club we are associated with is Kansas State Rowing Association (not the women's team)
4. Our Club Code is RQ76H.