

MANHATTAN JUNIOR CREW

LIABILITY RELEASE

IN CONSIDERATION of being given the opportunity to participate in any of Manhattan Junior Crew or USRowing rowing activities, I, for myself, my personal representatives, assigns, heirs and next of kin:

1. ACKNOWLEDGE, agree or represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that:

(a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death;

(b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releases named below;

I there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COST, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of Manhattan Junior Crew and that, if I observe any conditions which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue, Manhattan Junior Crew, their administrators, directors, agents, officers, volunteers or employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered on the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone else on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as a result of such claim. I have read this agreement, fully understand its terms, understand that have given up substantial rights by signing it, and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost any may incur as the result of any such claim.

ROWER CODE OF CONDUCT AGREEMENT

I will be RESPECTFUL!

- I will respect my teammates.
 - I will not take part in or tolerate any harassment, bullying, or hazing.
 - I will follow the instruction of captains and coxswains.
 - I will be welcoming and inclusive to new teammates.
 - I will seek to punctually attend all practices, competitions, training, and fundraising.
- I will respect myself.
 - I will take dedicate practice time to working hard towards improvement.
 - I will aim to compete at the highest possible level.
 - I will report any injuries and not partake in drugs or alcohol.
 - I will give adequate time to my academics and be mindful to allow time for both homework and practices.
- I will respect the equipment.
 - I will take never engage in horseplay around the equipment
 - I will never step over a boat.
 - I will report any damage or malfunction to the coxswain and coaches.
- I will respect the coaches and the program.
 - I will respect and trust the coaches' decisions, as they have final say.
 - I will notify the coaches of absence according to the Attendance section of the hand book.
 - I understand that I represent MJC and Kansas State Rowing Association.
 - I will pay the required dues on time.
 - My family and I understand that if I am expelled for disciplinary infractions, or if I quit the Team, I will forfeit any and all payments made.
- I will respect other teams and event officials.
 - I will have good sportsmanship and refrain from profanity at rowing events.
 - I will abide by USRowing regulations (please see their website for the list).
 - I will follow the directions of event officials.

ALCOHOL, TOBACCO, AND ILLEGAL SUBSTANCE POLICY

The Manhattan Junior Crew enforces a ZERO Tolerance Policy regarding the acquisition, use or possession of alcohol, marijuana, or any other illegal substance. Simply stated, this policy provides that any MJC member who is found to have acquired, used or to have been in possession of alcohol, marijuana, or any other illegal substance at any time during an MJC activity or official event will have his or her membership immediately suspended pending a termination proceeding before the MJC Board of Directors.

This policy applies to all MJC activities, including practices, regattas, and official MJC social events. It also applies at all times during those activities, including from the time a member enters the Boathouse parking lot, boards club-provided transportation, or enters the premises of an official social event until such time as the member ceases to be engaged in the activity or event and has left the premises. Since MJC encourages good citizenship this policy also applies to non-MJC activities and events.

A termination for violation of this policy shall be effective for an indefinite period. In the event of a termination of membership as a result of this policy, the affected member will forfeit, without right of reimbursement, all membership dues. The member may subsequently re-apply for membership with the understanding that the decision whether or not to re-admit the member shall be solely within the discretion of Manhattan Junior Crew Board. Unfounded, malicious reporting of violations of the above policy will result in the indefinite suspension of the guilty party/parties.

PERMISSION TO RELEASE INFORMATION TO COLLEGE RECRUITERS

College recruiters may contact Manhattan Junior Crew in order to obtain information about our rowers. This is part of their recruiting practices for athletes. However in order to release the rower's name, e-mail and address, we need your consent.

PHOTO/VIDEO RELEASE

For images of my child captured during practices, regattas or other special events related to Manhattan Junior Crew, activities, in video, photo and digital mediums to be used for purposes of promotional materials and publications, including posting on websites maintained by Manhattan Junior Crew, and I waive any rights of compensation or ownership thereto.

USROWING REGISTRATION

A USRowing Basic Membership is required for the fall season that costs **\$8**. Championship membership is required in the spring for Regionals and Nationals, should your rower qualify. Please follow these steps to join USRowing then forward the requested information to juniorcrewmanhattan@gmail.com.

1. Go to <https://membership.usrowing.org/individual/join>
2. Click Individual and then Join. You will be asked to input personal information including creating a password. Document your rower's membership ID#, password, and expiration date as we need to renew these annually.
3. The Club we are associated with is Kansas State Rowing Association (not the women's team)
4. Our Club Code is RQ76H.

2017-2018 CALENDAR AND DUES

Equipment/Facilities/Insurance fee (covers 2 seasons at a time, fall/winter or spring/summer): **\$75**

Gear Package (one time purchase during first season, covers race uniform and waterbottle): **\$85**

Fall Season (August 14 - November 6): **\$235**

Try-Outs	August 14-25
Head of the Des Moines (Des Moines, IA)	September 30
Head of the Oklahoma Regatta (Oklahoma City, OK)	October 7
Frostbite Regatta (Wichita, KS)	November 5

Winter Indoor Season (November 13 - February 17) **\$75**

Oxygen Optional (Manhattan, KS)	December 9
Shocker Sprints (Wichita, KS)	February 10
Pepsi Open Indoor Championships (Topeka, KS)	February 17

Spring Season (February 26 - May 12) **\$TBD**

Spring Break Rowing Camp (Waco, TX)	March 18 - 24
Prairie Sprints (Wichita, KS)	TBD
Lake Shawnee Spring Classic (Topeka, KS)	TBD
USRowing Regional Youth Championship (TBD)	TBD
USRowing Youth National Championships (TBD)	TBD